



Thursday 28th August 2025

## Return to School - September 2025

Dear Families,

I hope you and your family have enjoyed a restful and joyful summer break, and that your children are feeling excited about the new school year ahead. It gives me great pleasure to welcome you all back to St Thomas More for what promises to be another enriching and successful academic year. Whether you are returning to familiar faces or joining our community for the first time, we are truly delighted to have you with us.

At St Thomas More, we view education as a collaborative journey between the school, our pupils, and their families. By working in close partnership, we can ensure that every student is nurtured, challenged, and inspired to reach their full potential, guided always by the values and vision set out in our School Mission Statement.



Our dedicated team is passionate about creating a safe, inclusive, and engaging environment where every student can flourish both academically and personally.

This year brings a wealth of exciting opportunities for our students. From a rich and varied curriculum to extracurricular activities designed to inspire, challenge, and support their growth. We are especially focused on building upon last year's achievements, continuing to raise the standard of education, and ensuring that every student feels seen, heard, and valued.

As we begin this new academic chapter, I encourage all students to approach the year ahead with curiosity, enthusiasm, and a willingness to embrace new challenges. To our families, your partnership remains vital, by staying engaged and maintaining open communication, we can work together to support each child's journey toward success.

Below are a few key reminders to help you prepare for our return to school.

ST THOMAS MORE CATHOLIC SCHOOL,  
CROFTDALE ROAD,  
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## Return to School Dates

- A reminder of our return to school schedule:

|                                |                             |
|--------------------------------|-----------------------------|
| <b>Monday 1st September</b>    | Staff Training Day          |
| <b>Tuesday 2nd September</b>   | Year 7 Induction Day        |
| <b>Wednesday 3rd September</b> | Year 7 Curriculum Day       |
| <b>Thursday 4th September</b>  | All pupils return to school |

## Safeguarding & Pastoral - Key Staff

- Mr Shield remains our Designated Safeguarding Lead.
- He is supported by the following members of the pastoral team who are all Deputy Safeguarding Leads:
  - Mr Lennox
  - Ms Harle
  - Mrs Large
- Our pastoral team are as follows:

| Pastoral Team                             |                      |
|---|----------------------|
| <b>Head of St Bernadette House</b>        | Miss Kathryn McNeill |
| <b>Head of St Catherine Laboure House</b> | Mrs Jenny Burns      |
| <b>Head of St John Fisher House</b>       | Mr Alastair Young    |
| <b>Head of St Therese House</b>           | Mrs Deborah Ashdown  |
| <b>Head of Sixth Form</b>                 | Mrs Christine Brown  |

## Communication with School

- Attached to this letter you will find an overview of all the ways you can keep in touch with school linked to different reasons - please take a close look at this.
- We kindly ask that you do not email individual staff directly.
- Our House emails are the central pathway for contacting the school via email & will be generally responded to within school hours.
- You can also contact us by using the school reception number [0191 499 0111].



| St Bernadette  | St Catherine Laboure   | St John Fisher   | St Therese   | Sixth Form   |
|--|--|--|--|--|
| <a href="mailto:STM-StBQueries@stm.bwcet.com">STM-StBQueries@stm.bwcet.com</a> | <a href="mailto:STM-StCLQueries@stm.bwcet.com">STM-StCLQueries@stm.bwcet.com</a> | <a href="mailto:STM-stjfqueries@stm.bwcet.com">STM-stjfqueries@stm.bwcet.com</a> | <a href="mailto:STM-sttqueries@stm.bwcet.com">STM-sttqueries@stm.bwcet.com</a> | <a href="mailto:STM-SixthFormQueries@stm.bwcet.com">STM-SixthFormQueries@stm.bwcet.com</a> |

## School Uniform

- We ask that all pupils attend school in full and correct uniforms every day.
- Our uniform is worn with pride and creates a strong sense of identity and formality in school.
- Please see below a link to our Uniform policy.
- In particular, can I remind you that false nails of any description are not allowed. They hinder the pupils ability to engage fully in school life and the curriculum, and as such must not be worn.
- In addition no jewellery or piercings are permitted in Key Stage 3 or 4.

## [School Uniform](#)

## Equipment

- It is vital that pupils have the correct equipment for school.
- All pupils must have:
  - A school bag,
  - A pencil case,
  - A blue or black pen [we recommend having at least two] for written work,
  - A green pen for making improvements,
  - A lead pencil,
  - A dry wipe whiteboard pen,
  - A glue stick,
  - A ruler,
  - A calculator.





## Punctuality and Attendance

- Pupils must be on site before 8.40am when the school gates are locked.
- Pastoral begins promptly at 8.45am
- Our punctuality policy remains the same this year - any pupil arriving late to school without a valid reason will receive an after school detention the same day
- Evidence is clear that a pupil can only achieve their very best when they attend school every

## Arrangements for Pupils' Pastoral Day [Years 8-13]

- On pupils' first day back to school they should arrive as usual, congregating on the yard or heading straight to their pastoral room.
- If pupils are unsure of their pastoral room they should wait on the yard where staff will direct them.
- Pupils will spend the day with their tutor, where timetables and other key information will be distributed.

We are very much looking forward to another successful year, filled with achievements, personal growth, and the joy of learning. Thank you for your ongoing support and commitment to our school community. Together, we can make this year one of the best yet.

Please do not hesitate to contact us if you have any questions or concerns. We are here to help and support you every step of the way.

Yours sincerely,

Mrs J Turner  
**Head Teacher**



## Keeping in Touch @ STM 2025 - 2026

### Whole School Communication

- **Arbor App:** All parents and carers need to download and use the Arbor app. This is the main way in which we will communicate with you and it is essential that you access this.
- **School Calendar:** this is accessible on our school website and provides you with key dates of events throughout the year.
- **Weekly Head Teacher’s Letter:** This provides you with an overview of events, activities and key messages from the week. This is published on a Friday on our school website & on social media.
- **Social Media:** we know that social media is an accessible and positive way to see what is happening in school. We aim to share regular updates on a range of activities in school, lessons and outside of school. Celebrating the fabulous progress and contributions pupils make.

### Pupil Specific Communication

- The table below aims to outline who to contact linked to the relevant query.

| Reason   | Who to contact  | How to contact them  |
|--|---|--|
| Reporting an absence   | Attendance & Welfare Team<br><br>● Mrs Large<br>● Mrs Twist | Key Stage 3, 4 and 5<br><br><a href="mailto:STM-Attendance@stm.bwcet.com">STM-Attendance@stm.bwcet.com</a> |
| Reporting a pre-planned appointment / leave of absence request |   |  |
| Reporting unavoidable lateness                                 |   |  |

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|   |  |  |
|---|--|--|
| Holiday Requests  |  |  |
| General enquiries about the school day, routines or events  | Administration Team  | <a href="mailto:info@stm.bwcet.com">info@stm.bwcet.com</a>   |
| Formal complaints   | Administration Team  | <a href="mailto:info@stm.bwcet.com">info@stm.bwcet.com</a>   |
| Informing us of any changes to contact details  | Administration team  | <a href="mailto:info@stm.bwcet.com">info@stm.bwcet.com</a>   |
| General queries related to payments or finances   | Administration team  | <a href="mailto:info@stm.bwcet.com">info@stm.bwcet.com</a>   |
| Queries about public examinations and parents evenings  | Examinations Officer <ul style="list-style-type: none"> <li>Mrs Izaskun</li> </ul>   | <a href="mailto:STM-ExamAdmins@stm.bwcet.com">STM-ExamAdmins@stm.bwcet.com</a>   |
| Pastoral or curriculum specific queries regarding your child, <b>not included above</b> , that require the specific attention of the Pastoral team. Please do not email an individual member of staff directly.<br><br><i>We aim to respond to emails within 24 hours and certainly earlier if we can. If your query is urgent then please call 0191 4990111.</i> | KS3 & 4 House Heads: <ul style="list-style-type: none"> <li>St Bernadette: Ms McNeill</li> <li>St Catherine Laboure: Mrs Burns</li> <li>St John Fisher: Mr Young</li> <li>St Therese: Mrs Ashdown</li> </ul> Director of Sixth Form: <ul style="list-style-type: none"> <li>Mrs Brown</li> </ul> | <a href="mailto:STM-StBQueries@stm.bwcet.com">STM-StBQueries@stm.bwcet.com</a><br><a href="mailto:STM-StCLQueries@stm.bwcet.com">STM-StCLQueries@stm.bwcet.com</a><br><a href="mailto:STM-stjfqueries@stm.bwcet.com">STM-stjfqueries@stm.bwcet.com</a><br><a href="mailto:STM-sttqueries@stm.bwcet.com">STM-sttqueries@stm.bwcet.com</a><br><br><a href="mailto:STM-SixthFormQueries@stm.bwcet.com">STM-SixthFormQueries@stm.bwcet.com</a><br><a href="mailto:STM-SixthFormQueries@stm.bwcet.com">.com</a> |
| If you have a SEND specific query linked to your child.   | SENDCO <ul style="list-style-type: none"> <li>Mrs White</li> </ul> Deputy SENDCO <ul style="list-style-type: none"> <li>Ms Lane</li> </ul> SEND Manager <ul style="list-style-type: none"> <li>Mrs Bowe</li> </ul>   | <a href="mailto:STM-SEND@stm.bwcet.com">STM-SEND@stm.bwcet.com</a>   |





ST THOMAS MORE CATHOLIC SCHOOL, BLAYDON UPON TYNE

HEADTEACHER: MRS J TURNER

|  |  |  |
|--|--|--|
| Any school admissions or transition queries. | Admissions team <ul style="list-style-type: none"><li>• Mrs Carter</li><li>• Ms Weatherley</li></ul> | <a href="mailto:STM-Admissions@stm.bwcet.com">STM-Admissions@stm.bwcet.com</a> |
|--|--|--|

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### Parental Engagement Opportunities @ STM 2025 - 2026

| Year 7                             |  |          |
|------------------------------------|--|----------|
| Event                              | Purpose  | Date     |
| <b>Welcome to Year 7</b>           | You will be welcomed to the St Thomas More community by our Head Teacher, Mrs Turner. You will be given an overview of how our pastoral structure is here to support you & your child and how to keep in touch with us. You will have the opportunity to meet your child’s pastoral tutor to discuss how they have settled into school. In addition, you will be given an overview of the Year 7 curriculum and the year 7 RAP process. This entails information linked to how we support your child to prepare for assessments and how you as a parent/carer can compliment that at home. | 18/09/25 |
| <b>Year 7 Welcome Mass</b>         | We celebrate Mass together with our Year 7 pupils and their families. We ask for God’s blessing on them as they begin their St Thomas More journey in Faith.   | 26/09/25 |
| <b>Year 7 Parent/Carer Evening</b> | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.   | 19/03/26 |

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| Year 8                             |   |          |
|------------------------------------|---|----------|
| Event                              | Purpose   | Date     |
| <b>Welcome to Year 8</b>           | You will be welcomed once more to the St Thomas More community. You will be given a reminder of how our pastoral structure is here to support you & your child and how to keep in touch with us. You will have the opportunity to meet your child's pastoral tutor to discuss how they have settled into school. In addition, you will be given an overview of the Year 8 curriculum and the year 8 RAP process. This entails information linked to how we support your child to prepare for assessments and how you as a parent/carer can compliment that at home. | 16/09/25 |
| <b>Year 8 Parent/Carer Evening</b> | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.  | 31/03/26 |





| Year 9                                 |   |          |
|--|---|----------|
| Event                                  | Purpose   | Date     |
| <b>Welcome to Year 9</b>               | You will be welcomed once more to the St Thomas More community. You will be given a reminder of how our pastoral structure is here to support you & your child and how to keep in touch with us. You will have the opportunity to meet your child's pastoral tutor to discuss how they have settled into school. In addition, you will be given an overview of the Year 8 curriculum and the year 9 RAP process. This entails information linked to how we support your child to prepare for assessments and how you as a parent/carer can compliment that at home. | 16/09/25 |
| <b>KS4 Curriculum Pathways Evening</b> | This event will be held in the Main Hall and the KS4 options process will be explained to parents and carers. The range of KS4 pathways will be outlined, and the aim is to help parents and carers to support their child in making the right choices for them. This is complemented by a pupil support package in school.   | 29/01/26 |
| <b>Year 9 Parent/Carer Evening</b>     | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.  | 05/02/26 |





| Year 10                             |   |          |
|-------------------------------------|---|----------|
| Event                               | Purpose   | Date     |
| <b>Welcome to Year 10</b>           | <p>You will be welcomed once more to the St Thomas More community. You will be given a reminder of how our pastoral structure is here to support you &amp; your child and how to keep in touch with us. You will have the opportunity to meet your child's pastoral tutor to discuss how they have settled into school. In addition, you will be given an overview of the Year 10 curriculum and the year 10 RAP process. This entails information linked to how we support your child to prepare for assessments and how you as a parent/carer can compliment that at home.</p> <p>This is an exciting time for your child as they begin their GCSE studies. We will discuss how the two years are mapped out for the children and the support available in school. You will learn about effective revision strategies, good learner habits and the building blocks required for exam success.</p> | 17/09/25 |
| <b>Year 10 Parent/Carer Evening</b> | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.  | 05/03/26 |





| Year 11  |   |          |
|--|---|----------|
| Event  | Purpose   | Date     |
| <b>Welcome to Year 11</b>  | You will be welcomed once more to the St Thomas More community. You will be given a reminder of how our pastoral structure is here to support you & your child and how to keep in touch with us. You will have the opportunity to meet your child's pastoral tutor to discuss how they have settled into school. In addition, you will be given an overview of the Year 11 curriculum and the year 11 RAP process. This entails information linked to how we support your child to prepare for assessments and how you as a parent/carer can compliment that at home.<br>Families will also be provided with key information about how pupils will be prepared for their external examinations. This will include advice and guidance about revision over time as well as arrangements for mock examinations and the departmental and whole-school intervention that will be on offer for pupils so that they can achieve their best. | 17/09/25 |
| <b>Year 11 Parent/Carer evening</b>                              | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.  | 11/12/25 |
| <b>Sixth Form Open Evening</b>                                   | This is an opportunity for parents and prospective students to understand more about how our KS5 curriculum is structured. This includes the range of qualifications on offer and their typical entry requirements. There are opportunities to hear from Sixth Form leaders and students as well chat with subject leaders.   | 20/11/25 |
| <b>Supporting your child - external examination preparation.</b> | The second Supporting Your Child event of Year 11 is very much focused on the approaching external examinations. Families will be provided with key dates, revision strategies, and the in-school systems in place to support examination success. There will also be an opportunity to hear from the curriculum leaders in English and Maths.  | 26/03/26 |
| <b>Year 11 Celebration Assembly</b>                              | This is a great opportunity to celebrate our Year 11 pupils' hard work, resilience and good character before they begin the examination season. We gather together to be reminded of their achievements and award certificates linked to Character, Merits and Attendance. It is also an opportunity to wish them luck in their exams.  | 01/05/26 |

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| Year 12                                      |   |          |
|--|---|----------|
| Event  | Purpose   | Date     |
| <b>Welcome to Year 12</b>                    | <p>This event will begin in the Sixth Form area where you will be welcomed at the start of a new academic year to the St Thomas More community. You will be given information about how our sixth form pastoral structure is here to support you &amp; your child and how to keep in touch with us. You will then have the opportunity to meet your child's pastoral tutor to discuss how they have settled into their new school year.</p> <p>This event also focuses on how your child can make the most of their time in Sixth Form. This includes developing habits to ensure academic success, how to make the most of the personal development options available and the sharing of some initial information on higher education.</p> | 18/09/25 |
| <b>Year 12 Parent/Carer Evening</b>          | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.  | 27/11/25 |
| <b>Further Education Information Evening</b> | This event is designed to support parents as their children work towards planning for their next steps beyond Sixth Form. This includes higher education options such as university and apprenticeships. There is guidance available on UCAS as well as some practical tips for parents on some simple things that they can do to help.   | 30/04/26 |





| Year 13                             |  |                      |
|-------------------------------------|--|----------------------|
| Event                               | Purpose  | Date                 |
| <b>Welcome to Year 13</b>           | <p>You will be once again welcomed at the start of a new academic year to the St Thomas More community. You will be given information about how our sixth form pastoral structure is here to support you &amp; your child and how to keep in touch with us. You will then have the opportunity to meet your child’s pastoral tutor to discuss how they have settled into their new, and final, school year.</p> <p>This event is to also ensure that parents have all of the information and guidance that they need to support their child beyond Sixth Form. This includes managing student finance, choosing the best university course and some practical tips on how to manage the summer examination period effectively.</p> | 18/09/25             |
| <b>Year 13 Parent/Carer Evening</b> | Parents are invited to join online meetings with teachers. You will have an opportunity to discuss the progress of your child in the subject, areas of strength and any areas to focus on improving.   | 04/12/25             |
| <b>Year 13 Leavers Mass</b>         | We celebrate Mass together as Year 13 pupils come to the end of their academic Year and St Thomas More School journey. It is a wonderful opportunity to ask for God’s blessing for their futures and to celebrate their achievements with us.  | Date TBC<br>22/05/25 |





| Whole School Events [Open to all Families] |                                    |
|--|------------------------------------|
| Date / Time                                | Event                              |
| 1st October 2025<br>[5.30pm - 7.00pm]      | <b>Open Evening</b>                |
| 23rd October 2025<br>[10.00am-11.00am]     | <b>SEND Coffee Morning</b>         |
| 2nd December 2025<br>[6.00pm]              | <b>Winter Concert</b>              |
| 16th December 2025                         | <b>Carol Service</b>               |
| 11th - 14th March 2026<br>[6.00pm]         | <b>School Performing Arts Show</b> |
| 1st April 2026<br>[10.00am-11.00am]        | <b>SEND Coffee Morning</b>         |
| 24th March 2026<br>[6.00pm]                | <b>Spring Concert</b>              |
| 23rd April 2026                            | <b>Year 6 Welcome Evening</b>      |

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|                                     |                            |
|-------------------------------------|----------------------------|
| 11th June 2026<br>[10.00am-11.00am] | <b>SEND Coffee Morning</b> |
| 7th July 2026<br>[6.00pm]           | <b>Summer Concert</b>      |

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| Virtual Events                                       |   |
|--|---|
| Date / Time  | Focus / Description   |
| <b>Wednesday 24th September</b><br>[5.00pm - 5.30pm] | <b>Raising Achievement Plan Launch [RAP] Year 11</b><br>Our Raising Achievement Plan is the 6 week period building towards an assessment. Over the next 6 weeks your Year 11 child will be preparing for their first Year 11 exam. This session is designed to give you an overview about the different things happening in school - including opportunities for revision and further study outside of lessons - and ways that you can support at home.   |
| <b>Wednesday 8th October</b><br>[5.00pm - 5.30pm]    | <b>Vocational Pathway - Advice for Families</b><br>Vocational subjects like BTECs can often have vastly different structures to other KS4 qualifications like GCSEs. This session gives an overview to families on how vocational subjects differ as well as offering advice on how families can support with NEAs.   |
| <b>Wednesday 22nd October</b><br>[5.00pm - 5.30pm]   | <b>The STM Reading Cannon and Promoting a Reading Culture at Home</b><br>With the allure of devices becoming stronger and stronger, what can families do to promote reading at home? Our session will look at the far-reaching benefits of reading and strategies to encourage your child to read at home to help them develop a love of reading. It will also explore the STM Reading Canon & STM Non-Fiction Canon, which can provide a guide to families about suitable and engaging texts to read, as well as incentives and rewards in school to support in developing your child's love of reading. |
| <b>Wednesday 5th November</b><br>[5.00pm - 5.30pm]   | <b>KS3 Assessments: Revision Support and Advice for Families</b><br>For students in Years 7, 8 and 9, assessments will begin on the 1st December. Tonight's session will look at the purpose of these assessments as well as strategies to support your child with revision for their first assessments of this academic year.  |
| <b>Wednesday 12th November</b><br>[5.00pm - 5.30pm]  | <b>STM's Behaviour Curriculum and Promoting Positive Behaviour at Home</b><br>The session gives families information about St Thomas More's Behaviour Curriculum - these are the principles that underpin our approach to behaviour management within school. However, the four concepts within our Behaviour Curriculum [Always Respectful, Civilised Conduct, High Standards & Active Learners] are not just skills essential for school success - they are principles  |





|   |  |
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|   | that will support pupils success for life. Tonight’s session gives families an overview of our behaviour concepts as well as advice to families about how you can promote these concepts at home.  |
| <b>Wednesday 26th November</b><br>[5.00pm - 5.30pm] | <b>Reducing Screen Time</b><br>What with TV, tablets, phones and computer games, young people are spending more and more of their time on devices and on screens. Trying to reduce this time spent immersed in technology can often feel like an impossible task but we are here to help! This session will explore how to find a healthy balance between screen time and other interests. It will give strategies and support on how to reduce your child’s screen time.                                |
| <b>Wednesday 3rd December</b><br>[5.00pm - 5.30pm]  | <b>Promoting Positive Attendance and Punctuality</b><br>Positive attendance and punctuality are important life skills and they are vital to pupils’ academic progress as well as success in later life. This session will explore strategies to support positive attendance to school, advice on how to prevent unnecessary absence from school, and support if your child is reluctant to attend school.  |
| <b>Wednesday 10th December</b><br>[5.00pm - 5.30pm] | <b>Talking to Your Child about Vaping, Alcohol and Other Harmful Substances</b><br>As children grow older and are given more independence, the risk that they may be tempted to smoke, vape or experiment with other harmful substances grow. Tonight’s session is designed to provide information to families on the harmful effects of substances on young people and to provide support to enable open conversations with your children about substances and the damaging effects that they can have. |
| <b>Wednesday 14th January</b><br>[5.00pm - 5.30pm]  | <b>STM’s Catholic Ethos &amp; How to Promote Gospel Values at Home</b><br>This session gives an overview of the opportunities for your child to get involved with the Catholic Life of the school and how to promote Gospel values at home and encourage young people to explore their faith in a multitude of ways.   |
| <b>Wednesday 21st January</b><br>[5.00pm - 5.30pm]  | <b>Minimising Your Child’s Exposure to Harmful Content Online</b><br>Young people are spending more and more time online. Whilst the internet can offer amazing opportunities, it also exposes young people to unprecedented risks of exposure to harmful content. With technology developing at such a staggering rate, tonight’s   |





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|   | session is designed to give families the advice on how to keep their children safe online and minimise their exposure to content which could be dangerous or damaging.   |
| <b>Wednesday 4th February</b><br>[5.00pm - 5.30pm]  | <b>Year 9 Pathways Evening: Guidance &amp; Support</b><br>This session gives a further opportunity to learn about our Year 9 pathways process, get a little more information of the different courses and options that we offer at GCSE, as well as an opportunity to ask any questions that you might have. This session will cover the same areas as our in-person pathways evening and is designed predominately for families unable to attend the in-person event or would like an opportunity to recap the information covered.   |
| <b>Wednesday 11th February</b><br>[5.00pm - 5.30pm] | <b>Homework Helper</b><br>Is your child repeatedly getting behaviour comments for not completing their homework? Is getting them to complete homework becoming more and more of a challenge? Never fear, Mr Dean is here to provide a range of strategies to promote homework within the home.   |
| <b>Wednesday 18th February</b><br>[5.00pm - 5.30pm] | <b>Promoting Your Child's Mental Resilience</b><br>Studies have shown that resilience is one of the key skills for success in life. Our ability to show strength and doggedness in times of adversity and challenge can be hugely beneficial not just to support academic success but it is also a key skill for success in all aspects of life. Tonight's session focuses on how to build mental resilience into the minds of young people and to support your child when they face struggles to develop young people who can overcome obstacles both in school but also in a wider life. |
| <b>Wednesday 11th March</b><br>[5.00pm - 5.30pm]    | <b>Revision 101 [Year 11 &amp; Year 13]</b><br>Like me you might have spent your revision highlighting textbooks and writing out notes, but revision research proves that these are similarly the popular revision methods but also the least effective. Tonight's session will focus on the Science behind revision and the proven most successful revision strategies whether your child is 11 or 18! Perfectly timed to support pupils who are about to embark on GCSE or A Level examinations.   |
| <b>Wednesday 25th March</b>                         | <b>Promoting Positive Behaviour</b>  |





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| [5.00pm - 5.30pm]                                | Nationally parents are seeing a rise in behaviour issues both in school and within the home. Today's session looks at strategies to support your child's behaviour in school as well as tips for promoting positive behaviour at home.  |
| <b>Wednesday 1st April</b><br>[5.00pm - 5.30pm]  | <b>Sixth Form at STM: The Same But Different</b><br>This session is perfect for the parents of Year 11 pupils who are considering sixth form. Tonight's session will introduce you to life in Sixth Form at STM. You get an overview of what remains the same - same pastoral care, same academic excellence, but you will also be introduced to how Sixth Form at STM is different, including Sixth Form facilities and new opportunities.   |
| <b>Wednesday 22nd April</b><br>[5.00pm - 5.30pm] | <b>Revision 101 &amp; Raising Achievement Plan Launch</b><br>Like me you might have spent your revision highlighting textbooks and writing out notes, but revision research proves that these are similarly the popular revision methods but also the least effective. Tonight's session will focus on the Science behind revision and the proven most successful revision strategies whether your child is 11 or 18! Perfectly timed to support pupils with revision for their end of year examinations in Year 7, 8, 9, 10 and Year 12 mock examinations. |
| <b>Wednesday 29th April</b><br>[5.00pm - 5.30pm] | <b>AI: How it Can be Used to Aid Learning and School Work</b><br>AI can be an invaluable resource to aid learning and save time, but it also has the potential to mislead pupils and to be exploited to cut corners to avoid completing homework. This session is designed to equip families with the tools to teach responsible AI usage.  |
| <b>Wednesday 14th May</b><br>[5.00pm - 5.30pm]   | <b>Supporting Your Child's Mental Health &amp; Wellbeing</b><br>More and more children in society are struggling with their mental health. Today's session focuses on how you can support your child's mental health and positive wellbeing. Through mindfulness strategies to where you can go for support if you are concerned about your child's mental health, today's session focuses on all the things parents need to know to keep their child safe.   |
| <b>Wednesday 20th May</b><br>[5.00pm - 5.30pm]   | <b>Developing the Whole Child</b><br>Our aim, at St Thomas More, is to develop the whole child. We want pupils to leave not only with excellent qualifications but with the life skills that allow them to thrive in whatever fields they choose to pursue. Our session focuses on introducing families to our Wider Curriculum and how we try to develop your children into well-founded citizens of the world. The session also offers insight  |





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|   | into how families can develop students' cultural capital and ensure a wealth of experiences that ensures that they are culturally rich and able to thrive in the world around them.  |
| <b>Wednesday 3rd June</b><br>[5.00pm - 5.30pm]  | <b>How to Support Your Child Through Transition to Secondary School</b><br>This is for the families of Year pupils who will be joining us in September. Transition to secondary school can be a daunting experience for pupils and families. This virtual session gives advice to parents about how to support your child through transition and the different support structures available to you and your child over the next few weeks. |
| <b>Wednesday 10th June</b><br>[5.00pm - 5.30pm] | <b>Careers Advice &amp; Guidance</b><br>It is never too early for pupils to start thinking about their future careers and their options for after their GCSE examinations. Tonight's session will give you an overview of the different pathways for pupils after they complete Year 11 including: sixth form, college & apprenticeships.  |
| <b>Wednesday 17th June</b><br>[5.00pm - 5.30pm] | <b>SEND Support Transition Virtual Event</b><br>This is for the families of Year 6 SEND pupils who will be joining us in September. This event is designed to give you an overview of the support that is available to your child during their transition to St Thomas More along with the support in place to support them in Year 7.   |
| <b>Wednesday 8th July</b><br>[5.00pm - 5.30pm]  | <b>Healthy Eating</b><br>Sometimes, providing a healthy diet for your family can seem like an impossible task. Tonight's session will focus on some strategies to promote healthy eating for the whole family. Whether it is packed lunch suggestions or family favourite recipes, tonight's session will provide you with the tips and tricks to create both tasty and nutritious food for your child.                                    |

